



Edina Alpine Ski Team Hill Safety

1. Obey all ski area rules and etiquette; especially using slower speeds while approaching lift lines
2. All athletes will slip the course prior to skiing it
3. All athletes will slip the lane after course teardown
4. No chase/cat and mouse through course; athletes will maintain a minimum 4 gate separation from each other at all times and ensure gates have stopped moving
5. Helmet and goggles will be worn at all times while in the course
6. If an athlete falls while in the course and loses gear, they will quickly and safely retrieve their gear and move from the course as soon as possible
7. Training will occur only on hills designated by coaches
8. Athletes are responsible for maintaining their equipment
9. Drive safely to and from the hill!