



Edina Alpine Ski Team Evaluation Process

The following multi-factor process is used to determine Varsity roster and race run orders:

EVALUATION CRITERIA

1. Athlete demonstrated commitment and attitude will be factored into coach selections
2. Initial skills assessment; generally based on United States Ski Association (USSA) SkillsQuest drills:
 - The number of drills may vary at any time based on coaches preference
 - Drills used for initial assessment may include but are not limited to the following:
 - One ski skiing (Phase 3)
 - Pivot slips (Phase 3)
 - Hourglass (Phase 4)
 - One ski lane change (Phase 4)
 - Hop Turns (Phase 5)
 - One Ski No Poles (Phase 5)
3. Time-Trials
 - Typically, three time trials are planned for the season; this is subject to change at coaches discretion and hill availability.
 - Initial time trial: Combined best time from 2 of 3 runs, as time allows. Seeding for time trial run order will be randomly selected.
 - Subsequent time trial: Combined best time from 2 runs. Seeding for time trial run order will be randomly selected.
 - Conference time trial: Combined best time from 2 runs. Seeding for time trial run order will be randomly selected.
4. Coaches alone will make selections
5. Coaches decisions are final

RACE RUN ORDER SELECTION

1. Based on evaluation criteria listed above.
2. Race #1 (Non-Conference): Select 12 racers; top 10 racers based on time trial results; 2 coach select



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3. Race #2 and 3 (Non-Conference): Select 12 racers; top 3 finishers from previous race - auto select; next top 7 based on time trial results; 2 coach select
4. Race #4 and 5; (Conference): Select 10 racers; top 3 finishers from previous race - auto select; next top 5 based on time trial results; 2 coach select
5. Section and State Races: Select 6 racers; coach selection based on season results

VARSITY, SECTION, AND STATE RACE SELECTION

1. Racers may move between Varsity and JV during the season based on the criteria above
2. Section and State racers selected based on coaches selection
3. Attendance, attitude, and practice performance may also be factors in coaches selection
4. Coaches decisions are final