

THE COUNSELING DEPARTMENT

OCTOBER NEWSLETTER

FOR 9TH GRADERS AND PARENTS

Things are in full swing during the month of October in the Counseling Office. Each month, the Counseling Department will be updating events and happenings that students and parents should be aware of what is taking place.

THE EHS COUNSELING TEAM:

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POST SECONDARY PLANNING

- ***Do your best academically.*** We want students to feel both **challenged and balanced**. Grades and GPA matter a lot, but not at the expense of health and wellness. Everyone will have strengths and challenges in different areas. Do your best, work with your strengths and seek resources for areas of challenge. At the same time, take classes seriously, as 4-year colleges will look most at classes taken and grades earned in their admissions decisions.
- Start thinking about your ***interests***, likes and dislikes, goals and abilities. **THESE WILL CHANGE AND THAT'S OK!** Some questions to ask yourself might be: What classes do you like? What areas outside of school are of interest? How can you be more involved with them? Are there new areas you'd like to try and learn more about?

Get back on to your Naviance account. This is the counseling department’s one-stop shop for all information for students in regards to the college planning process. For example, starting in second semester, if students place a name of a college they are interested in – Click on “Colleges” and “Colleges I Am Thinking About”; students will receive an e-mail reminder when that school visits Edina High School. Students can log in through the Edina Portal. More information: <https://connection.naviance.com/edina>

MEA break and visiting colleges. These visits can be local to get you thinking about what you want in a school. It’s easy to schedule a visit online at any school’s admissions page or you can call their admissions office. Colleges in Minnesota and Wisconsin tend to fill up early, so book now! Even if you don’t get a chance to set up a meeting, walk around a college campus; there are local public universities, private colleges and technical schools all within a short drive.

New Resources for Homework Help and ACT/SAT/PSAT Prep: Edina High School students have access to [Learning Express Library](#), an online resource with a whole host of test prep materials, including the Accuplacer, ACT and SAT. There are sample tests students can take and receive feedback on their answers. It also has review materials for core high school subjects (including math, English, social studies and science) as well as prep materials for a handful of AP tests.

- ✓ There’s a [direction sheet](#) on how to access the program as well as a link to [Learning Express Library](#) on the [school media center web site](#).

- ✓ If students have questions or would like help, please ask them to stop by the EHS Media Center.

NEW for 2019-2020

Counselors Coming to Advisory: Counselors work with students and their families throughout their high school journeys and remain consistent form year to year. These “Coming to Advisories” are an opportunity to connect early in high school so students feel connected to counseling resources early! Previously the counselors met with students when they were in middle school during the registration process. Now, counselors are meeting with their students in Advisory on October 3rd and 10th. During this time, counselors are sharing resources and the role they play at the high school. In addition to these student meetings, counselors develop and implement a developmental and robust post-secondary planning curriculum through weekly advisory meetings. To revisit advisory lessons, view other parent resources, visit our [Class of 2023](#) webpage.

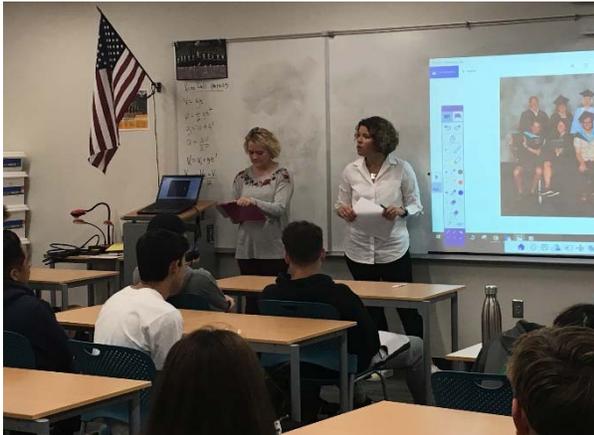
HORNET MENTORS/ ADVISORY

Academic Check-ins

- ✓ A check-in with your advisory teacher will be happening this month, and again in November
 - These check-ins are to see how the year is going academically, as well as setting goals for the semester
- ✓ Hornet Mentors will be in Advisory on October 24th connecting with their advisees.

Advisory: October 3rd and 10th

- ✓ Counselors came in to 9th grade advisories to talk about the role of the counselor and resources to take advantage of at the high school



Ms. Plafcan and Ms. Kieffer are talking to Their students during Advisory on Oct. 3rd



Ms. Dayneko meeting with her students discussing resources at the school.



Ms. Burnham talking to her students during Advisory

For more information on the school Counseling Department, visit us [online](#)

Follow us on Twitter to stay in touch with what is going on in the
Counseling Office at EHS @edinacounselors

