# THE COUNSELING DEPARTMENT MARCH NEWSLETTER FOR 9<sup>TH</sup> GRADERS AND PARENTS

Welcome to the seventh installment of our monthly newsletter. March Madness has begun. Each month, we will be updating events and happenings that students and parents should be aware of what is taking place.

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College and Career Considerations following Registration: A few things to review following registration for 10<sup>th</sup> grade classes.

<u>Thoughts and Ideas</u> – As far as 4 year colleges and universities are concerned, English, Math, Science, Social Studies and World Language are college preparatory courses. College admissions offices want to know that you take classes that challenge you and that you do well in those specific classes. Hopefully you enrolled in courses that meet graduation requirements as well as prepare you for your future. We want you to be mindful of having college preparatory coursework with balance.

MYAP (Multi-Year Academic Planner) <u>must have been</u> completed with registration. This tool requires you to map out all 4 years of the courses you will be taking. It will help you make sure you meet graduation requirement while also putting coursework to help you look at future interests. <u>This planner can be and quite possibly will be changed each year so that as likes and dislikes change, MYAP can be changed.</u>

<u>Summer Opportunity Fair:</u> Students took advantage of summer and school year opportunities to explore careers and volunteer opportunities last February. The Counseling Department along with ACCESS volunteers in the College and Career Center offered a "Summer Opportunity Fair" on Thursday, February 19th in the High School Commons. There were over 20 booths where community education programs and volunteer opportunities informed the students.



Students gained valuable insight into summer possibilities at the Summer Opportunity Fair. If you would like further information in regards to all of the programs available to students at EHS, please see the following <a href="http://bit.ly/edinasummer">http://bit.ly/edinasummer</a>

<u>Minnesota Business Venture</u> – This week-long, residential summer program for 9-12 grade students learn about leadership, business, financial literacy and career options. Resident business leaders, speakers, mock interviewers and other volunteers mentor and guide student through the week's activities, including creating a business plan. Students can attend at the University of St. Thomas (July 12-17) or St. John's University (July 26-31). Online applications are available at <a href="https://bestprep.org/minnesota-business-venture/">https://bestprep.org/minnesota-business-venture/</a> If you want more information, please stop by and see Mr. Hicks in the Counseling Office.

## <u>Class of 2023: The One Thing Your FRESHMAN Should Do Right Now:</u> Participate in an Extracurricular Activity

Grit. Creativity. Teamwork. Responsibility. Composure.

These social and emotional skills – behavioral skills needed to succeed in college and career – are often not explicitly taught in an academic setting.

This is why participation in extracurricular activities is vital. Research shows a correlation between extracurricular involvement and higher retention rates in high school and college. Also, interpersonal skills are becoming more and more important in the workforce.

Students should be cultivating these skills as soon as they can!

Get back on to your Naviance account. This is the counseling department's one-stop shop for all information for students in regards to the college planning process. For example, starting in second semester, if students place a name of a college they are interested into "Colleges I Am Thinking About" (within the "Colleges" tab), students will receive an e-mail reminder when that school visits Edina High School.

More information: <a href="https://www.edinaschools.org/Page/1875">https://www.edinaschools.org/Page/1875</a>

#### HORNET MENTOR/ ADVISORY

March 12th, Hornet Mentors will be coming in to talk to students about "Making Decisions" both academically and socially.

#### Academic Check-ins

- ✓ A check-in with your advisory teacher will be happening on March 19<sup>th</sup>, just prior to spring break
  - o These check-ins are to see how the year is going academically, as well as setting goals for the semester

Lastly, remember that there is nothing more important than keeping up with your academic goals and the grades in each of the courses you are enrolled. You are making your future at the present time. You hold the key. The actions you take every day shape your future

For more information on the school Counseling Department, visit us online

Follow us on Twitter to stay in touch with what is going on in the Counseling Office at EHS @edinacounselors

<u>Freshmen</u>: Begin your college admissions journey this summer in the company of new friends and seasoned instructors. The high school Counseling Department along with Community Education will be taking students to 6 college campuses throughout the Twin Cities area over a 4-day period. Students will visit the following colleges:

University of Minnesota Augsburg University St. Olaf College
 Carleton College UW- Stout UW - River Falls

Registration is through Community Education. Scholarships are available to all eligible students. See the brochure below for more details:

## Campus Visits & Tours

From Hornet Here to College and Career

July 20th- 23rd | 9:00am-4:00pm

#### During the summer program students will:



- Gain an understanding of the college admissions process
- Visit 6 different colleges and universities within the Twin Cities region
- Complete an evaluation form for each college visited
- A Pre and Post session prior to and at the conclusion of visiting the colleges and universities
- Develop a Clear Action Plan to meet application deadlines

#### **Frequently Asked Questions**

Who should attend? Any rising sophomore or junior who wants guidance through the application process

What will students need? Students will need to bring a cell phone or digital camera to take pictures

Who are the instructors? Bill Hicks, Post-Secondary Counselor, Maggie Carlson, Counseling Intern, and multiple ACCESS volunteers

What makes this unique? It is more than a workshop. Students will make the most of their visits by preparing in advance and taking time to document their experiences How do I register? Registration opens on February 18<sup>th</sup> and is through the Edina Community Education Summer Programming/https://www.edinaschools.org/communityed

Questions? Contact Bill Hicks at 952-848-3127 or william.hicks@edinaschools.org



Register www.edina.ce.elyo.com Registration opens February 18th

www.edinaschools.org/communityed