



New January 1, 2015

PEIP Highlights



Get Rewarded for Healthy Living

Maybe you are pretty healthy already, or maybe you would like to be - or maybe you are ready to take the first step. Now PEIP offers the incentive to do so.

Get rewarded for healthy living by joining one of the participating fitness centers. Work out at least 12 times per month and receive \$20/month towards your health club dues. Up to two members per household can participate in the program (must be 18 years old or older.)

Visit your carrier websites or contact member services for more information about the program (the number is on the back of your ID card) or you can call:

HealthPartners – 800-883-2177

BCBS – 800-262-0819

PreferredOne – 800-997-1750

Fitness Discount Program

Effective January 1, 2015, members can participate in the Fitness Discount program offered through PEIP. It doesn't matter which carrier network you choose for your health plan, HealthPartners, Blue Cross Blue Shield or PreferredOne. All carriers participate in the program. Check your carrier websites for participating facilities and enrollment materials. *(Your Fitness Discount Program is based on your network selection for medical coverage.)*

HealthPartners – Frequent Fitness Program

Step 1 – Go to www.healthpartners.com/discounts to get a list of participating health clubs.

Step 2 – Sign up/enroll in the Frequent Fitness at a participating health club. You will need your HealthPartners member ID card.

Step 3 – Work out at least 12 times each month and your health club membership dues is credited \$20/month.

BCBS – Healthy Living Fitness Discount Program

Check the front of your ID card for the fitness icon. (All BCBS members will receive new cards with a fitness icon on the front of their card.)

Step 1 – Go to www.BlueCrossMN.com and sign in. Click on *Plan Details* tab, then *Fitness Discounts* (under heading 'Savings & Discounts') then *find a fitness center*.

Step 2 – Complete enrollment form either online or at your participating fitness center. You will need your BCBS member ID and bank routing and account information.

Step 3 – Work out at least 12 times each month and your savings or checking account will be credited \$20/mo.

PreferredOne – Fitness Advantage Program

Step 1 – Go to www.PreferredOne.com and click the *Health & Wellness* tab at the top of the page. Click *Fitness Advantage Discounts* for a list of participating health clubs.

Step 2 - Print out and complete the Fitness Advantage enrollment form.

Step 3 – Bring your PreferredOne membership card and completed enrollment form to your participating health club and have a representative sign and date the form. (LA Fitness or Xperience Fitness members can enroll online at www.fitnessdoespay.com/preferredone.)

Step 4 – Work out at least 12 times each month and your health club membership dues is credited \$20/mo. (Reimbursement methods vary based on health club selected.)

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8220 Commonwealth Drive
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952-746-3101 or 800-829-5601

www.innovomn.com/plan_information.html