

Top 10 Things Student-Athletes (and Parents) should know for this school year:



- 10 **Fall sports begin August 13**, student-athletes must register on-line for their sport in advance by visiting [HERE](#). A current physical is needed. Good luck and have a great start to the school year!
- 9 Edina HS athletic schedules for every level of every sport can be found on our [website](#), as well as links to important information.
- 8 EHS has **34 different sports** (in addition 10 independent providers [HERE](#)) to choose from throughout the year, many of which require no previous experience and do not have cuts. Each sport has a web page where you can find the head coach's contact information. Visit our Hornet website at <https://www.edinaschools.org/Page/29>
- 7 **EHS student-athletes are leaders** and are expected to follow the MSHSL [Code of Conduct](#), which details expectations for students. Possession or use of alcohol, drugs or tobacco is not allowed. Students sign-off on this during the registration process.
- 6 **The Edina Athletic Booster Club (EABC)** is a proud sponsor of Edina Athletics. Join the Boosters and earn a variety of privileges (game tickets, state boys' hockey tournament tickets, and more!). Visit the Edina Athletic Booster Club's website at: <http://www.edinaboosters.club/>
- 5 **New for 2018-19:** The Activities Office will be relocated to inside the Hornet Hub (School store). We are looking forward to managing the school store and keeping it open during the school day and select evening hours throughout the year. Email Troy.Stein@edinaschools.org if you are interested in earning volunteer hours in the Hornet Hub this year!

4 Multiple sport participation helps decrease the likelihood of injuries, reduces burnout, exposes kids to a wider variety of teammates, broadens athletic skills and is very appealing to many college coaches looking to recruit athletes.

Reference: Dale, Greg. (2005). The Fulfilling Ride: A Parent's Guide to Helping Athletes Have a Successful Sport Experience. 1-90.

3 Nike and more: EHS is excited to announce a partnership with Nike this school year. In addition, all Edina student leaders will be able to design and set up apparel through the Hornet Hub (EHS school store) for their Activities & Fine Arts, Clubs, and Athletic teams to purchase at a 40% discount. Come visit us in the Hornet Hub to ask any questions!

2 Effort, hard work and discipline are the primary keys to attaining excellence in athletics, activities and academics at EHS. Talent alone is not enough. Most importantly play with passion and enjoy the moment!

1 Make it an amazing year as we all cheer on the Hornets!

LYRICS TO THE SCHOOL SONG

GO HORNETS GO!

WE'LL CHEER YOU ON TO VICTORY

FIGHT HORNETS FIGHT!

AND THEN THE VICTORS WE WILL BE

EDINA CHEER FOR THE GREEN

AND THEN WE'LL CHEER AGAIN FOR THE WHITE

H-O-R-N-E-T-S

EDINA HORNETS FIGHT! FIGHT! FIGHT!